

Welcome to the Hillmorton High School Adult Education Programme for 2012
Nau mai, haere mai ki te Akoraka o te Hapori o te Kura Tuarua o Horomaka.

All our classes are held in the evenings, or at weekends, and are taught by tutors who are very experienced and knowledgeable in their field of expertise. All our tutors are also experienced in teaching adults.

Our classes have limited enrolments – classes have a maximum class size of between eight and fifteen participants, apart from the Life Drawing, Zumba and Yoga classes which will be slightly larger.

Christine Philpott: Co-ordinator

Gaylene Partel: Liaison Assistant

Hillmorton High School
Tankerville Road
Hoon Hay
Christchurch

P.O.Box 33115
Christchurch 8244

Telephone: 03 338 5119
Fax: 03 338 1609



2012 Classes

Art, Photography and Design

Adobe Photoshop
Life Drawing
Using your DSLR Camera

Computing

Facebook for Beginners

Environment

Towards urban self-sufficiency

Fitness and Health

Heal yourself with nature's medicines
Meditative Yoga
Zumba®

Languages

French for Travellers
French Conversation
Introduction to Spanish
Improving Spanish Skills
Spanish Conversations

Personal Development

Looking Good - 'Hands-on' Make-up Course
Style on a budget
Introduction to Teaching Adults

Workshop / DIY

Metalwork



Art, Photography and Design

Adobe Photoshop

Tutor: Alan Gunn

Adobe PhotoShop CS3 on an Apple Mac platform.

Photoshop is the industry standard programme for photo editing, and a wide range of creative people use it to create interesting and varied images.

The course is of 6 weeks duration and aims to give a basic understanding of how the programme works and to be a springboard for further individual creativity.

Issues such as understanding how to use files from your own digital camera photos in Photoshop, creating layers, adding text, correcting images, and repairing old damaged images will all be covered.

Maximum class size: 8

Room: B12

Starting date: Tuesday 14 February

Duration: 6 weeks

Fee: \$85

Time: 7.00pm-9.00pm



Life Drawing

Tutor: Alan Gunn

Life drawing is the drawing and study of the undraped human figure both male and female. This class is informally and individually taught: students are encouraged to find the media, scale and expression, which comes most naturally to them.

Assistance and advice is given on the basis of individual need, rather than a prescribed regimen which all are expected to follow. Students wishing to join the group will find support and encouragement, and have the option of having paper supplied for an additional \$30 fee, or bringing their own.

Room: B12

The class is over subscribed for the first semester in 2012, with most of the current class re-enrolling. To join the wait list use our web site: www.lifedrawingchristchurch.co.nz and use the 'Contact Us' form or email Alan, at: a.j.gunn@clear.net.nz

Starting dates: Monday 13 February

Monday 25 June

Duration: 16 weeks

Time: 7.00pm-9.00pm

Fee: \$170 (\$200 with paper supplied)



Alan Gunn worked as Head of Art at Hillmorton High School for many years, teaching Design and Photography to secondary students. He has worked with both PhotoShop and InDesign programmes since their inception. He left teaching in 2003 to work as a freelance graphic designer and photographer and has considerable experience in a wide range of graphic productions. He considers himself a graphic artist, exhibiting and selling drawings and paintings, as well as mixed media work.

Understanding the basics of your DSLR

Tutor: Kirsty Macdonald

A basic introduction to the functions of your DSLR camera (Digital Single Lens Reflex). Get off auto and use the many other features of your camera to gain better control of your images.

Discover what the manual is actually talking about, what features do what and when to use them, in easy to understand language. Also covered are basic composition, printing and editing program basics. One class will be a field trip to use all your new found skills.

Bring your manual, pen and paper and camera to the first class.

Maximum class size: 15 Room: A4

Starting date: Wednesday 15 February

Duration: 6 weeks + 3 hours on one Saturday

Fee: \$90

Time: 6.30pm-8.30pm

Courses will also be held in Terms Two, Three and Four on dates to be notified.

These dates will be added to the web-site when they are decided. Please call or email the school for more information.

Having only picked up a digital camera herself five years ago, Kirsty Macdonald still remembers how difficult it was to work her way around the different menus, buttons and functions of a digital camera.

After a decade working in the New Zealand Film industry, Kirsty packed her bags and moved to Christchurch to retrain in photography. Having completed a Diploma in Professional Photography at CPIT, she was offered the Artist in Residence position at the school where she spent another year honing her skills.

Kirsty is now a working photographer in Christchurch, where she has a number of regular clients and shoots a wide variety of different genres.



Computing

Facebook for beginners

Tutor: Andrew Hiku

Feeling as though you've been left behind? Heard about computer social media networking but don't know much about it? Want to keep up with what your grandchildren are doing? This short course will help people who are not very familiar with Facebook to get started and to use this social media safely. The course will begin with a brief overview of social media and you will then set up your own Facebook page if you want to. You will also learn how to use Facebook safely so your privacy is maintained.

To set up your own Facebook page you will need your own email address.

Maximum class size: 12 Room: A12

Starting date: Tuesday 14 February

Duration: 2 weeks

Fee: \$20

Time: 7.00pm - 8.30pm

Andrew is an experienced computer technician and this course follows on from his very successful 'Buying and selling on the Internet' course held previously.



Towards urban self-sufficiency

Tutors: Rhys Taylor and Jocelyn Pappill from Sustainable Living Education Trust

Life in Christchurch has been changed by our earthquake experience. We are now more aware of the value of a clean water supply, advantage of on-site waste composting and backyard food growing; of our need for food storage methods and warm, dry housing that can cope with power cuts. Useful know-how and a chance to discuss household and community resilience skills is provided on this short course in 'sustainable living'. To read more see www.sustainableliving.org.nz

Maximum class size:	16	Room A1
Starting date:	Tuesday 7 February	Duration: 8 weeks
Time:	7.00pm - 9.00pm	Fee: \$45

Rhys Taylor is an experienced tutor and National Coordinator of Sustainable Living Education Trust. He has a practical and realistic approach, as an organic gardener, cyclist and waste minimiser who finds picking the best actions as challenging as you do! He has built an eco-house, got a degree in natural resource management and still uses a car... The discussions are usually fun.

Jocelyn has 25 years of teaching experience and is passionate about living more lightly on our planet. Living on Mt Pleasant she tries to practice what she teaches and enjoys sharing the learning in Sustainable Living courses. Jocelyn finds she always learns new things and makes new friends through these courses.



Fitness and Health

Heal yourself with nature's medicines

Tutor: Linda Bougen

This course will give you an introduction and an overview of natural medicine. Learn how to apply herbal medicine, nutritional medicine, aromatherapy and more to benefit you and your family's health.

Maximum class size:	15	Room A3
Starting date:	Monday 13 February	Duration: 4 weeks
Fee:	\$55	Time: 7.00pm - 9.00pm

Linda Bougen is a Registered Nurse and Naturopath. She values the benefits that both allopathic and naturopathic medicine have to offer. Linda attained her certificate in adult teaching and has taught naturopathy for over 8 years. She manages her private clinic and also works part time at a local hospital.



Meditative Yoga

Tutor: Pauline Thomson

This style of Hatha Yoga is gentle, enjoyable and refreshing. Sessions are designed to release stress, expand awareness and understanding, promote relaxation, flexibility and vitality. These classes are ideal for mature bodies and fuller figures, and, are suitable for both beginners and those who have enjoyed this style of yoga before.

Sessions include relaxation, breathing and meditation exercises. Postures / sequences are adapted to suit individual ability and to encourage body and mind to unite in sensitive and responsive partnership. Wear loose, comfortable clothing. Bring a yoga/camping mat and a light rug.

Two classes:

Monday 5.30 - 7.00pm

Room:	Whare		
Start dates:	13 February	Duration: 8 weeks	Fee: \$75
	23 April	Duration: 9 weeks	Fee: \$85
	16 July	Duration: 11 weeks	Fee: \$100
	15 October	Duration: 6 weeks	Fee: \$55

Monday 7.15pm - 8.45pm

Room:	Whare		
Start dates:	13 February	Duration: 8 weeks	Fee: \$75
	23 April	Duration: 9 weeks	Fee: \$85
	16 July	Duration: 11 weeks	Fee: \$100
	15 October	Duration: 6 weeks	Fee: \$55

Pauline Thomson worked for many years in the field of mental health, and has been facilitating Yoga and Meditation classes in the community for over 20 years. She has the IYTA Teaching Diploma, Reiki Practitioner (3A degree) and has studied with Tutors and Masters of various Yoga and Meditation Traditions for over 20 years. From rural to urban, cowgirl to Wren, wife to mother, widow to nana, Pauline's life still unfolds in varied and interesting ways. From her own experience Pauline knows the value of Hatha Yoga.



Zumba®

Tutor: Charlotte Sadler

Zumba® is designed for everyday people of all ages, sizes and fitness levels. The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Zumba® is the latest dance and exercise phenomenon that is taking place across the globe. It is a fun way to get fit - you won't even know you're exercising because you will be having so much fun. Bring your friends if you want to and come and be part of a friendly, fun filled workout. Wear comfortable clothes you can exercise in, bring: water bottle, hand towel/ sweat towel, cross trainers, sneakers or street shoes with low tread for ease of movement.

Zumba®'s motto: "Ditch the workout. Join the party."

Maximum class size:	24	Room: Hall		
Start dates:	Wednesday 8 February	Duration: 9 weeks	Fee: \$67.50	
	Wednesday 2 May	Duration: 9 weeks	Fee: \$67.50	
	Wednesday 18 July	Duration: 10 weeks	Fee: \$75	
	Wednesday 17 October	Duration: 7 weeks	Fee: \$52.50	
Time:	5.30pm - 6.20pm			

Charlotte is a certified Zumba® Instructor and is passionate about Zumba®, the music and how it feels like more of a party than exercise. She sees the many positive effects it has on those who participate, including: weight loss, increased fitness levels and taking the stress away. Charlotte is an experience dancer and teacher and enjoys helping people to gain confidence through dance.



Languages

French Conversation

Tutor: Marie-Yvonne Taylor

For people who can already speak some French (intermediate to advanced) and would like to practise and improve their knowledge and skills with the French language. Speak, listen and read French in a friendly environment.

Maximum class size:	14	Room: A3		
Starting date:	Wednesday 8 February	Duration: 9 weeks	Fee: \$120	
	Wednesday 2 May	Duration: 9 weeks	Fee: \$120	
	Wednesday 18 July	Duration: 10 weeks	Fee: \$135	
	Wednesday 17 October	Duration: 7 weeks	Fee: \$100	
Time:	6.30pm – 8.30pm			

French for Travellers

Tutor: Marie-Yvonne Taylor

Are you planning a trip to France, New Caledonia or Tahiti? Would you like to be able to order a meal, book accommodation or buy something from a market? Our French tutor could help you prepare for your travels so you can make the most out of your stay.

Maximum class size:	14	Room: A3		
Starting date:	Tuesday 7 February	Duration: 8 weeks	Fee: \$85	
	Tuesday 24 April	Duration: 8 weeks	Fee: \$85	
Time:	6.30pm-8.00pm			

Marie-Yvonne comes from Brittany, a beautiful region in the North West of France, where she trained and qualified as a teacher. She has been teaching French to New Zealanders since arriving in Christchurch 21 years ago, and loves sharing her passion for her country, her region, her language and her culture.

Learning a language, she believes, must come together with the love and the discovery of the country where it is spoken; learning more about the way of life, the culture, the society... this is all part of her teaching French to adults or to children of all abilities, from complete beginners to fluent speakers. Learning and yet having fun is also something she values very much in her classes.



Spanish Conversations

Tutor: Maria Celia Ridao de Lawrie

Have you learnt Spanish before, but would like to practise speaking in Spanish and improve your speaking skills? This is a course for people who can already communicate in Spanish and would like to improve and practice their skills with Spanish language. It provides an opportunity to improve your skills in grammar, reading, listening, writing and conversation.

Maximum class size: 14

Starting date: Tuesday 7 February

Tuesday 24 April

Tuesday 17 July

Tuesday 16 October

Room: A4

Duration: 9 weeks

Duration: 9 weeks

Duration: 10 weeks

Duration: 7 weeks

Fee: \$90

Fee: \$90

Fee: \$100

Fee: \$70

Time: 7.00pm -8.30pm

Introduction to Spanish

Tutor: Maria Celia Ridao de Lawrie

This course is for people who would like to learn the basics of conversational Spanish. A focus on vocabulary needed when travelling, pronunciation and basic grammar will help you to gain the confidence to try speaking at a basic conversational level. It will also include some of the cultural aspects of Spanish-speaking countries for those intending to travel to Spain or South America.

Maximum class size: 14

Room: A3

Starting date: Monday 13 February

Monday 16 July

Duration: 8 weeks

Duration: 8 weeks

Fee: \$78

Fee: \$78

Time: 7.00pm-8.30pm

Improving Spanish Skills

Tutor: Maria Celia Ridao de Lawrie

Continue learning Spanish. This is a course for those people who have learnt Spanish before – at a basic level - and will focus on improving skills in grammar, reading, listening, writing and conversation. It also includes cultural aspects of Spanish speaking countries.

Maximum class size: 14

Room: A3

Starting dates: Monday 23 April

Duration: 8 weeks

Fee: \$78

Time: 7.00pm-8.30pm

Maria Celia has extensive classroom experience, having taught Spanish to children and adults for over the years in Argentina. She has been living in New Zealand since 2004 and has been teaching Spanish, both privately and at schools, in Nelson and Christchurch. Her spontaneous and communicative approach has proved successful in prompting students into active conversation, while supporting them with the necessary grammatical structures. For her, a sense of humour is essential in the learning process.



Personal Development

Looking Good ('Hands-on' Make-Up Course)

Tutor: Joanna Giles

Look good by design not chance. This is a unique opportunity to learn the tricks of applying make-up from a professional make-up artist. Whether you enjoy wearing a lot of make-up or prefer to wear very little, learn how to apply it to make the most of your facial features. Discover just how great you can look in this fun, hands-on course. All supplies for the course are provided.

Maximum class size: 8

Room: D9

Starting date: Tuesday 13 March

Tuesday 29 May

Tuesday 21 August

Duration: 4 weeks

Duration: 4 weeks

Duration: 4 weeks

Fee: \$90

Fee: \$90

Fee: \$90

Time: 7.00pm-9.00pm

What Previous Students Have Said...

"Enjoyed having somebody with the expert knowledge about the products and how to apply them. Great to practice putting makeup on each week."

"I really enjoyed the positive way each evening was delivered. Love your cheerful personality. Loved it all".

"Enjoyed the fun of doing things in a group, and the chance to experiment with different colours and products. It was fun, I learnt a lot."

"Enjoyed learning more about skincare and colour."

"Really enjoyed all of it, thank you. Gave me more confidence".



Style on a Budget

Tutor: Joanna Giles

A wardrobe full of clothes and nothing to wear? You need 'Style Wise'! Small class sizes will allow you to get professional individual advice on clothes, colours and style, so you can look and feel fantastic every day. There will be an **optional** Guided Shopping Tour at end of the course, cost to be advised.

Maximum class size: 12

Room: D9

Starting dates: Tuesday 7 February

Duration: 5 weeks

Fee: \$65

Tuesday 24 April

Duration: 5 weeks

Fee: \$65

Tuesday 17 July

Duration: 5 weeks

Fee: \$65

Tuesday 16 October

Duration: 5 weeks

Fee: \$65

Time: 7.00pm-9.00pm

What Previous Students Have Said...

"I would like to say a BIG thank you for running the "Style Wise" Course, I for one started the course as a "Frumpy Frauline" and only five weeks later feel like the "Yummy Mummy" that you helped create...it's a really great feeling to walk into my wardrobe and select pretty much anything and know I will feel and look good...what a fab way to start the day..."

"...everyone's noticed my new look. I have never before had so many positive comments on my appearance (comments ranging from 'You've lost weight' to 'You look amazing' to 'Can you help me look like you?')" Doing the Stylewise course was great, I learnt so much..."

"I feel that I've found my style again, a style which got lost somewhere between weight gain and children!! Although I haven't lost all the weight I want to, it's been such a boost to feel better about my clothes and to actually enjoy them again - you were right, don't wait until the weight is off, it helps so much to feel good at every stage!"

Since 1993 award winning Christchurch based Makeup Artist and Image Consultant, Joanna Giles, has been teaching women how to look great and feel fantastic. Joanna is a founding member of the New Zealand Federation of Image Consultants (NZFIC), and owner and managing director of Cosmetic Imaging Services.

Joanna believes that 'Every woman deserves to like the way she looks NOW'! Every woman whether she is a size 6 or a size 30+ can look great and feel fantastic by highlighting her assets and quietly camouflaging any bits she's not quite so keen on. Looking good has nothing to do with age, dress size, or hair colour.

Joanna and her team at Cosmetic Imaging Services use the 'tricks of the trade' to show women just how great they can look. Using their unique "How to Shop' and Wardrobe 'Dejunking' Systems, they help develop a personalised wardrobe that makes each woman they work with smile!

Joanna has used the research skills developed while gaining her BA in Classics at the University of Canterbury, to create Personal Presentation training courses that have been presented in more than half the secondary schools in Christchurch, in local training institutions and in Adult and Community Education courses since 2004.

Joanna is married to Wayne and has two fun loving boys under 10, and two grown up step-kids. She is blessed to be a very young 'Nana Joanna' to two very special grandchildren.

Introduction to Teaching Adults

Tutors: Christine Philpott and Rhys Taylor

This is an introduction to adult learning and is designed for both current and potential tutors of adults. The course covers how adults learn, group building skills, planning, evaluation and the presentation of a mini lesson. It runs for two consecutive Saturdays. To gain the ASCEA Adult Tutor Training Certificate it is essential to attend the entire fifteen hour course.

Maximum class size: 10

Room: A1

Starting date: Saturday 19 May

Duration: 2 weeks

Fee: \$165

Time: 9.00am-5.00pm

Christine Philpott has been working in Adult Education for over thirty years, firstly as a tutor and teacher of adult students, then as an adult education programme co-ordinator and a trainer of tutors/trainers/teachers working in the adult education sector. She is an ASCEA accredited tutor trainer. Rhys Taylor trained in adult/community education at Sheffield University, United Kingdom, where he completed a post-graduate certificate course. He is an experienced Community Educator, Sustainability Consultant, accredited Natural Step Advisor; writer & researcher. Both believe that life-long learning comes in many guises and are passionate about the value of providing opportunities for further education for adults in the community and the workplace.



Joanna Giles



Metalwork

Tutor: Stewart Shadbolt

Work on your own project in a well-equipped workshop, using your own materials. Small projects, larger projects: the choice is yours. Each class will be held for two and a half hours, allowing you time to make progress with the guidance of an experienced tutor as needed. Beginners and those more experienced working with metal are all welcome. A class size limit is imposed and there are very few available places as many 2009 students have re-enrolled.

Maximum class size: 14

Room: B2

Starting date: Tuesday 7 February

Duration: 8 weeks

Fee: \$123

Tuesday 24 April

Duration: 8 weeks

Fee: \$123

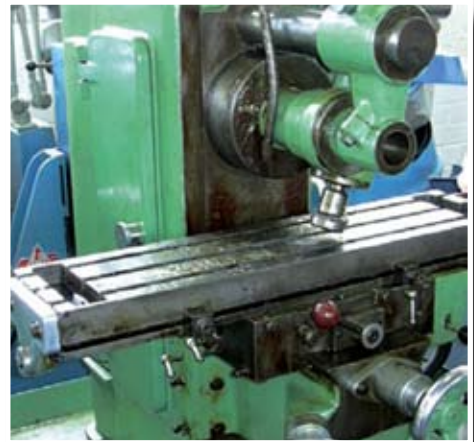
Tuesday 17 July

Duration: 8 weeks

Fee: \$123

Time: 6.45pm - 9.15pm (Two and a half hours per evening)

Stewart Shadbolt is a teacher of Metalwork and has been teaching adult classes for more than thirty years. He is familiar with the safe use of all the equipment available in the workshop and the techniques you will need to complete your projects. He will give you advice on your choice of project if you need it.



Enrolments must be accompanied by the full course fee. Please do not go to a class without enrolling.

To enrol in one of our classes please:

1. Post the enrolment form with enrolment fee to:

Hillmorton High School
ACE
P O Box 33115
Christchurch 8244
2. Fax enrolment form (direct debit payments only)
to: 03 338 1609
3. Call in to the school office Tankerville Road, Hoon Hay, between 8.30am and 4.00pm, weekdays during term time (The school office re-opens on the 23 January 2012).
4. Direct Banking: do any of the above with your enrolment form but direct credit the fee to:
03-0855-0333804-00 Reference: ACE(The name of the class you are enrolling in)

Receipts and enrolment confirmation

Receipts will be emailed after enrolments have been received.

Class sizes

All classes have a maximum and a minimum class size. When the minimum class size is not reached, the class will not proceed. We will notify those who have enrolled in a class that is cancelled, two working days before the class is due to begin and refund the enrolment fee in full.

Alterations to courses

In most cases, classes will be taught by the tutor named in this programme. However, this cannot always be guaranteed. We have made every effort to make our programme as accurate as possible at the time of publishing, but the school reserves the right to make any changes that may be necessary.

Course Materials

Unless stated, the cost of materials is extra. Tutors will give details.

Refunds

Refunds are made in full if a class does not commence due to insufficient enrolments.
Cancellations received in writing one week (five working days) or more before the class is due to commence will qualify for a refund (minus a 10% administration charge).
No refund of fees is available if you withdraw from a course within five working days before it is scheduled to start.
There can be no refund of fees after courses have commenced.

No classes on:

Monday 4 June (Queens Birthday)
Monday 22 October (Labour Day)

Parking

Some parking is available in school grounds. Ensure access-ways and netball courts are left free. Please ensure your vehicle is secure.

Enquiries during school holidays

During school holidays contact can be made with the Co-ordinator of Community Education by leaving a phone message with the school's answer phone service.

Complaints Procedure

We have a complaints procedure. Please contact the Adult Education co-ordinator in the first instance.

2012 Community Education -Term Dates

Term 1
Tuesday 7 February – Thursday 5 April

Term 2
Monday 23 April – Friday 29 June

Term 3
Monday 16 July – Friday 28 September

Term 4
Tuesday 15 October – Wednesday 28 November

Please check starting dates of individual courses carefully as they can vary from above.

Please check the time and venue carefully and attend on the date shown. Please meet at the Assembly Hall (off Tankerville Road) ten minutes before the start of the first class.

Please read the section on 'Enrolment Information' for how to enrol, conditions of enrolments, refunds etc.

Title (circle one) Mr/Mrs/Miss/Ms *Please print*

First Name: _____ Family Name: _____

Address: _____

_____ Postal code _____

Phone No.: Home _____ Work: _____

Cell: _____ E-mail: _____

For statistical purposes only:

Gender (please circle one) male female

Ethnicity: NZ European Maori Pacific Island Asian Other

Age (please circle one)

16 - 19 20 - 29 30 - 39 40 - 49 50 - 59 60+

Start date	Course Name	Time	Fee

METHOD of PAYMENT:

CASH CHEQUE

DIRECT CREDIT

Direct Banking Number: 03-0855-0333804-00 Reference: ACE (then the name of the class you are enrolling in).

CREDIT CARD / EFTPOS Can only be accepted if enrolling in person at the school office.




HILLMORTON HIGH SCHOOL
SCHOOL PLAN
DOOR WAYS
 X2 DOWNSTAIRS ROOMS
 X1 UPSTAIRS ROOMS